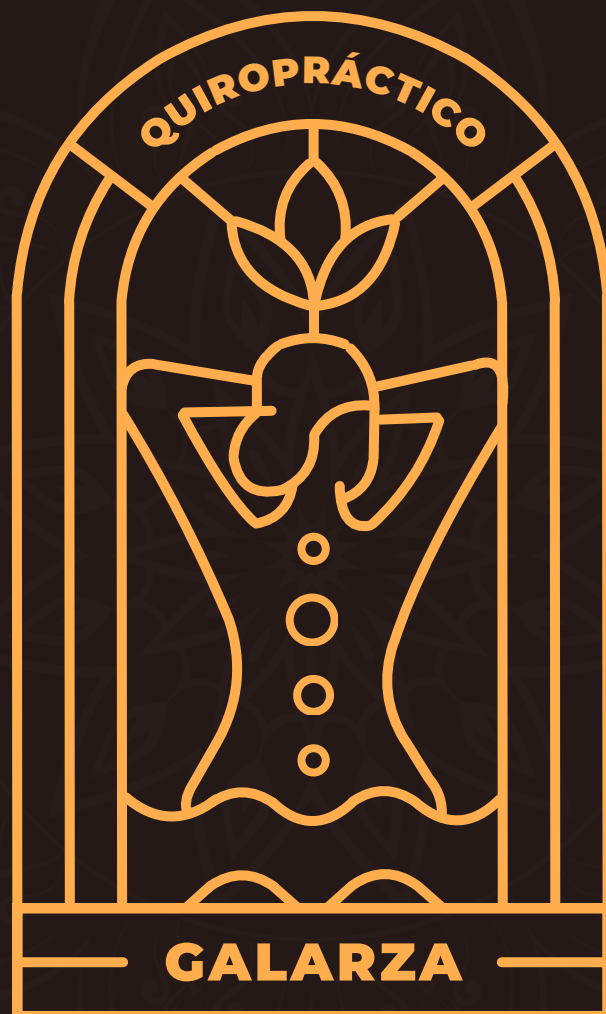


Galarza • Quiropráctico & Masajes • Miraflores



“ Yes. You deserve better.

Our Galarza team can advise you on the most suitable treatments for you, and our expert therapists and professionals will develop each therapy in a personalized way.



Relax Massage

55
min

Feeling of lightness throughout the body and relief of muscle tension, normalization of sleep, improvement of blood microcirculation.

\$30

100
soles

The therapist's hand movements are harmonious and professional. After the massage, his consciousness comes into harmony and no trace of the previous stress remains.

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Sport Massage

55
min

Relieving tension from tired muscles, increasing physical performance, preventing injuries and diseases of the musculoskeletal system.

\$30

100
soles

You will immediately feel a surge of new strength and vitality! Regular sessions will help increase the overall tone of the body, create and maintain good physical shape for a long time.

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Chiropractic Alphabioticism

55
min

Treatment of back and neck pain, migraines, as well as problems in the joints of the extremities without the use of drugs or surgery.

\$45

Professional spinal adjustment is the basis of our work: it is safe and natural!

150
soles

All our specialists are certified.

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Physiomassage

55
min

Dynamic electrical stimulation (exposure to tissue with nerve-like current pulses) instantly activates muscles, helping to relieve tension, improving lymphatic drainage and blood flow.

\$30

100
soles

The best result is achieved after three sessions.

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Therapeutic Massage

55
min

Healing Massages

After the massage, mood and performance increase, chronic fatigue disappears, a feeling of lightness, freshness and cheerfulness appears.

\$30

100
soles

*We recommend:
— therapeutic massages from 3 sessions.*

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Lymphatic Drainage

60
min

An effective technique in the fight against cellulite and reducing body volume. Has a powerful lifting effect on problem areas.

\$35

120
soles

Thanks to deep and intensive body work, the figure is corrected, swelling goes away, toxins are eliminated and the skin microrelief is evened out.

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Shiatsu Massage

60
min

Thanks to pressure on the biological and energy points of the body along the meridians, therapy restores and maintains a person's energy, curing the root cause of the disease.

\$35
120
soles

The internal strength of the body awakens and triggers the healing mechanism inherent in the body by nature.

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Double Delight

55
min

Couple Massage

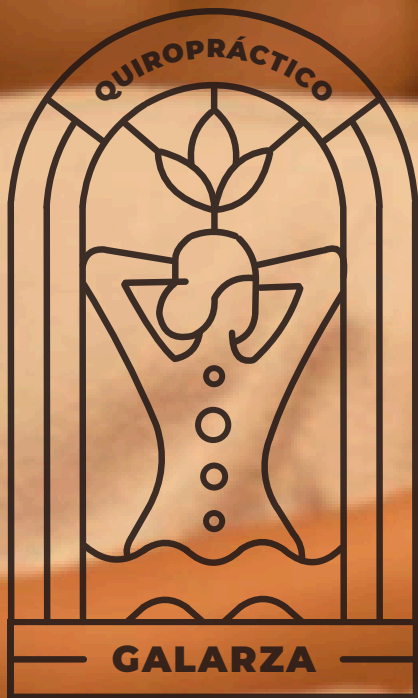
Love, delight and unity created by us especially for your partner.

\$70

250
soles

Relaxation massage and comprehensive reset will help you recover spiritually and physically, get rid of accumulated negativity and completely relax.

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Love Constellation²

55
min

Couples Massage Renewal

We simultaneously combine therapeutic & relaxation massages. A relaxing massage will help you feel a surge of strength & inspiration again.

\$55
200
soles

Renewal therapy improves the body's metabolic processes, which promotes the elimination of toxins and weight loss.

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King Massage

55
min

The magical dance of four hands on your body will immerse you in harmony and deep relaxation.

\$50

180
soles

Cinnamon oil, preheated with candles and the therapeutic hands of specialists simultaneously massage the back and legs, breaking all the laws of gravity.

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Double Delight 80'

80
min

Couple Massage

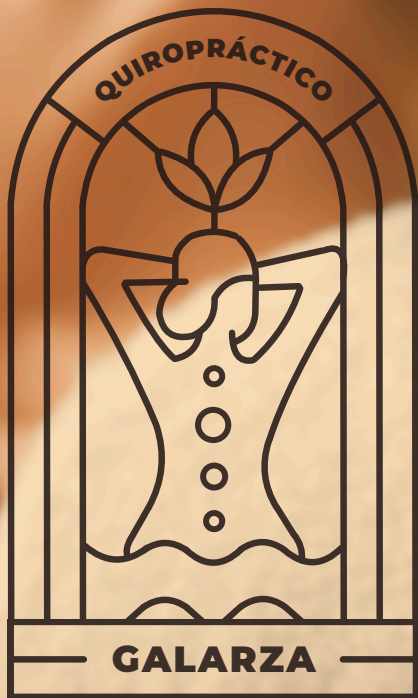
Love, delight and unity created by us especially for your partner.

\$95

350
soles

Relaxation massage and comprehensive reset will help you recover spiritually and physically, get rid of accumulated negativity and completely relax.

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Anticellulite Massages

55
min

Professional anticellulite massage stimulates circulation, softens the skin and reduces irregularities, promoting a more uniform texture and firm.

\$30

100
soles

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Firming Reducer Massage

55
min

Reducing firming massage tones the skin and reduces fat, improving the silhouette.

\$30

100
soles

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Bamboo Massage

55
min

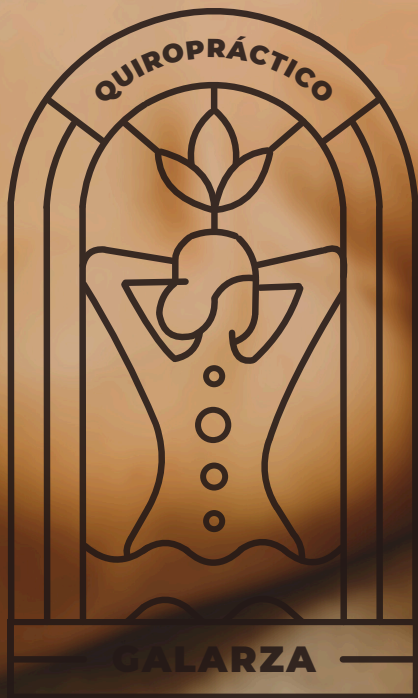
\$30

100
soles

Enhanced elimination of contractures

As a result of rubbing and pressing important areas (with bamboo sticks), active lymphatic outflow is achieved, blood circulation in problem areas is improved, and overloaded muscles are relaxed.

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Facial Express

45
min

SPA facial care, as a source of tenderness and beauty, includes the healing effects of natural oils and a unique acupressure technique.

\$30

100
soles

A skin cleansing program, a nourishing mask, facial and head massage will relieve tension, smooth wrinkles and remove puffiness from the face.

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Tired Foot Massage

55
min

A surprisingly pleasant and relaxing massage will eliminate tired legs and restore energy circulation throughout the body.

\$30

100
soles

The human foot is a huge map of reflex zones that are connected to all internal organs.

Carefully working on these points will improve your immunity.

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European Techniques

These traditional therapies, combined with European methods and natural elements native to the region of Peru, are combined to provide the treatments of more exclusive and indulgent spas.

made with love at @ai.dsn